

## FOOD FOR A YEAR

Meat.....300 lbs.  
Milk.....240 lbs.  
Butter.....100 lbs.  
Eggs.....27 doz.  
Vegetables.....500 lbs.

This represents a fair ration for a man for a year.

But some people eat and eat and grow thinner. This means a defective digestion and unsuitable food. A large size bottle of

## Scott's Emulsion

equals in nourishing properties ten pounds of meat. Your physician can tell you how it does it.

FOR SALE BY ALL DRUGGISTS

Send the name of paper and this ad. for our beautiful Savings Book and Child's Sketch-Book. Each book contains a Good Luck Penny.

SCOTT & BOWNE, 409 Pearl St., New York

## Laxative Sent Free to Try

It may be taken for granted that there is no family of any size that goes very long without needing a laxative. If you don't know of a good laxative, or the laxative you are using is losing its effect, we want to call your attention to Dr. Caldwell's Syrup Pepsin, which thousands of families are using successfully.

We have scores of letters from mothers, and scores from prominent men saying they are using it personally and giving it to their families, men like Mr. C. E. Smith of the Traffic Clearing House, Pine Bluff, Ark., and Mr. George B. Turner, a lawyer of Harlan, Ky. The thousands of mothers who use it themselves and give it to their children would take too much space to mention.

The reason they prefer Syrup Pepsin is that it is a mild, gentle laxative, one that does not grip—effective and yet so mild that babies can take it. Its tonic ingredients invigorate the body and strengthen the stomach and bowels, so that they again do their work naturally. If you have been a victim of salts, pills and strong cathartics you will discard them when you once use Syrup Pepsin.

You can buy a fifty cent one dollar bottle of any drug store, but before doing so you may want to try it free. If so, send your address to Dr. Caldwell and he will promptly forward a free sample bottle, being convinced, do as others are doing and buy it in the regular way of your favorite drug store.

Dr. Caldwell does not feel that the purchase of his remedy ends his obligation. He has specialized in stomach, liver and bowel diseases for over forty years and will be pleased to give the reader any advice on the subject free of charge. All are welcome to write him. Whether for the medical advice or the free sample address him Dr. W. B. Caldwell, 421 Caldwell Building, Monticello, Ill.

## J. C. McClary,



UNDERTAKER AND EMBALMER

STANFORD, KENTUCKY

Office Phone 167. Home Phone 175

## FIRST NATIONAL BANK,

STANFORD, KENTUCKY

ORGANIZED IN 1882.

CAPITAL STOCK, \$50,000.

SURPLUS EARNED, \$22,000.

HAS PAID IN DIVIDENDS, \$216,500

Combines Absolute Safety with Satisfactory Service. Most in Safety Deposit Boxes for Use of our Customers. We Solicit Your Account.

OFFICERS.

S. Hocker, President.

S. T. Harris, Vice-President.

H. C. Baughman, Cashier.

W. W. Saunders, Ind. Bookkeeper.

J. R. Harris, Bookkeeper.

## PERSONALS.

Mrs. B. N. Middleton, of Richmond,

is the guest of Mrs. Will Severance.

Mrs. Jesse Stang left Tuesday to

spend a month with Mrs. J. H. McAllister

at Way, Miss.

Mr. and Mrs. W. P. Stagg returned

to their home in Lexington after an

extensive visit here.

Earl Baker is home again at Crab

Orchard from Normal School at Rich-

mond.

Dr. Jackson Givens of Pittsburg,

passed through here Tuesday en route

to Junction City where he will visit

Mr. Will Givens and family.

Miss Rosa Pike, of Broadhead, and

Mrs. Beanie McClure, of Mt. Vernon

are guests of their aunt, Mrs. E. J.

Brown this week.

Miss Elizabeth Green of Perryville

is the guest of Rev. and Mrs. J. J.

Dickey.

Mrs. William Severance delightfully

entertained the Current Events

Club at her home Tuesday afternoon.

Mrs. Albert H. Severance is entertain-

ing at her home on Logan avenue

this afternoon from three to five in

honor of Mrs. C. Hays Foster.

Mrs. Ernest Warren is here from

Middleboro for a visit to her parents,

Rev. and Mrs. Jos. Ballou.

Miss Beanie Spoonamore spent a

few days with Mr. and Mrs. Son

Spoonamore in Junction City.

Mrs. J. T. Reynolds of Lancaster,

visiting the homefolks, Mr. E. S.

Spoonamore and family.

Mr. G. M. McKinney, of Vernon,

Kansas, is back on a visit to his old

home. His father Mr. G. E. McKinney

returned with him and is with his son

Mr. Will McKinney at McKinney.

W. B. Bullock was up from Lebanon

early in the week.

J. C. Lynn spent Sunday in Lancaster

with his children.

Misses Mary Arnold and May Broad-

us, of Lancaster, were visitors here

Monday.

J. C. Pickett, of Mason county, is

here the guest of his daughter Mrs.

W. A. Tibble.

Curly Wilson, of Crab Orchard, left

for Belton Texas last Thursday to

visit friends and relatives.

W. A. Tyree, has moved from Broad-

head to Lebanon Junction, and has

joined the large colony of Interior

Journal readers there.

Miss Prill Newbern of Hustonville

and Mrs. Joe McQuinn, were guests

of Mrs. T. W. Pennington for the Art

Exhibit here this week.

O. F. Meredith, of Salvisa Mercer

county, was here Monday represent-

ing the tobacco warehouse which gets

lots of Lincoln county tobacco. Mr.

Meredith is a valued subscriber to

the J. J.

Mrs. R. D. Bruce has been visiting

relatives in Stanford. Mrs. Robert T.

Salter and Mrs. Adam W. Carpenter

will entertain to-morrow afternoon

from three to five. Miss Laura Car-

penter and house guest, Miss Sue

Payne, arrived to-day for a short visit

with Miss Bonnie Tarkington. Danville

Messenger.

Bowen VanArsdale, of Louisville

was here Wednesday, visiting the

trade and shaking hands with his

many friends.

J. B. Leavelle and daughter, Miss

Lillie Leavelle, of Bryansville, were

guests of Dr. J. G. Carpenter and family

Wednesday evening.

E. J. Tanner, of McKinney attended

a meeting of the directors of the

Henry Clay Fire Insurance Company

at Frankfort this week. The head-

quarters of this rapidly growing com-

pany are to be removed to the Capital

City.

## ROYAL BAKING POWDER

Absolutely Pure

MAKES HOME BAKING EASY



Light Biscuit  
Delicious Cake  
Dainty Pastries  
Fine Puddings  
Flaky Crusts

and the food is finer,  
more tasty, cleanly  
and wholesome than the ready-  
made found at the shop or grocery.

Royal Cook Book—800 Receipts—Free.  
Send Name and Address.

ROYAL BAKING POWDER CO., NEW YORK.

Mrs. A. H. Severance has as her  
guest Mrs. Mary Tibble, of Rich-

mond.

Mrs. Beanie McClure of Mt. Vernon

has been the guest of Mrs. E. J. Brown

Mrs. J. W. Boswell, of Shelbyville,

is visiting her sister Mrs. William

Severance.

Miss Beanie Hubble has returned

from Richmond where she has been

attending the Normal school.

—Ruston M.

Miss May Brackett has taken the

place as cashier at Severance & Son's

in place of Miss Anna Darst who was

married to Mr. Newland Wednesday

evening.

H. H. Hutcheson of Owensboro, was

here with his brother, J. W. Hutcheson

early in the week.

Mrs. W. A. Hutcher and little son

have returned from a visit to relatives

in Hart and Barren counties.

Mr. and Mrs. M. B. Sallin, of Mt.

Vernon, spent Sunday here with Mr.

and Mrs. J. W. Hutcherson.

Miss Jenn Buchanan has concluded

a visit with her sister Mrs. A. Ad-

ams and returned to Louisville Tues-

day morning. She will leave Tuesday

for New York with Miss Belle Hal-

man for a several weeks stay.—Frank-

fort News Journal.

## SHORT LOCAL NEWS

Frash, scratch and baby chick feed

at W. H. Higgins.

An attendant from the Lakeland

sanitarium came for Mrs. Amanda Har-

risson Tuesday and took her from the

fair here.

Robert, the five year old son of Mr.

and Mrs. Abram Miracle of the Coffey

Schoolhouse neighborhood, died early

this week of cerebro-spinal meningitis.

The remains were shipped to Bel

county their former home, for burial.

For Sale—Sideload, extension

table, 6 chairs at a bargain. S. P.

Stagg, Exor. Mrs. Margaret Portman,

Stanford.

Washington Brown who is said to be

the oldest man in Casey or in this

part of the state, his age having reach-

ed 107 years, took the train here Wed-

nesday en route to Spring Lake, near

Covington where he will make his

home in the future with his daughter,

Mrs. True. Mr. Brown is very well

preserved for a man of his years. His

daughter and some grandchildren ac-

companied him.

Best companies, lowest rates. In-

sure your property today with R. M.

Newland. 5-190.

Want to borrow \$3,500 secured by

mortgage on good real estate for one

to three years. Box 17 Stanford, Ky.

We have plenty of coal at the right

price. Jones Baughman, Moreland, at

the King coal yard. 6-2.

Notice.—Those having claims against

the estate of Miss Rhoda Lunsford,

deceased are notified to present them

to me at once properly proven, for

payment. Mrs. Mattie V. Kirby, Exor.

W. A. Tibble, furniture, carpets, wall

paper, frames, shades, lace curtains

Pony cart man has been in town

See his samples at W. H. Higgins.

If you want any orchard grass seed

I have them. T. D. Newland.

The Interior Journal has received a

sack of garden seed from Congress-

man Harvey Helm to distribute to its

friends. First come first served. Bet-

ter speak quick.

## REMEMBER THE NAME

Foley's Honey and tar for all coughs

and colds, for croup, bronchitis, hoar-

ness and for racking laryngeal coughs.

No opiates. Refuse substitutes. Shu-

gars and Tanner.

Prof. McHenry Rhoads, state in-

spector of High Schools, was here on

official business Tuesday. He inspec-

ted the Stanford High School, and of

course, found it in splendid shape.

Prof. Rhoads paid the local institution

and the work of Prof. J. W. Ireland

very high compliments.

Take Early Primary Film for the Kindergarten.

Read by FRANKLIN J. HENRY & CO., Toledo, Ohio.

For rent—A small house with a

porch and a small lot. It is in a

good location and is well suited for

a school or a small business. It is

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